

Vasileios Natsis, Psychiatrist, PhDc

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Date of birth	25 June, 1988
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EMPLOYMENT HISTORY

Nov 2012 — Aug 2013	Doctor, Hellenic Army	Athens
Nov 2013 — Oct 2014	Rural Doctor, Greek National Health System	
Nov 2014 — Feb 2017	Psychiatry Resident, Hellenic Centre for Mental Health and Research	Athens
Feb 2017 — Mar 2017	Rural Doctor, Greek National Health System	Astros, Greece
Mar 2017 — Oct 2020	Psychiatry Resident, Eginition Hospital (First Department of Psychiatry of the University of Athens)	Athens
Nov 2020 — Present	Psychiatrist, Eginition Hospital (First Department of Psychiatry of the University of Athens) • Current work as a psychiatrist in "Koureta" Department (Director of Clinic: Prof. N. Stefanis). • Diagnosis & treatment of psychiatric patients. • Participation in training of Psychiatry residents & medical students • Participation in somatic (non pharmaceutical) treatments (ECT, rTMS). • Psychotherapeutic sessions with inpatients.	Athens
Sep 2018 — Present	Instructor in annual post-graduate Course in Clinical Psychopathology "Panagiotis Oulis" , First Department of Psychiatry of the University of Athens and the University Research Institute for Mental Health (EIPSI)	Athens
Jun 2021 — May 2022	Sub-Investigator in 54135419TRD3013 clinical trial (ESCAPE-TRD), Janssen Cilag	
Feb 2022 — Present	Instructor, SCG college • Psychopathology of children & adults • Cognitive-Behavioral therapy in psychosis • Cognitive-Behavioral therapy in eating disorders & addictions	Athens
Jan 2022 — Present	Psychiatrist, Somateio Ikelos	Athens

EDUCATION

Sep 2006 — Jul 2012	Doctor of Medicine, National and Kapodistrian University of Athens	Athens
Present	MSc, National and Kapodistrian University of Athens • Liaison Psychiatry: Integrative Care of Physical and Mental Health	Athens
Jul 2018 — Present	PhD candidate, National and Kapodistrian University of Athens	Athens

- Chronobiology in patients undergoing hemodialysis

Consulting Board:

Emeritus Prof. of Psychiatry El. Angelopoulos (supervisor)

Prof. of Psychiatry Ch. Papageorgiou

Prof. of Nephrology I. Mpoletis

SKILLS	Diagnosis and Treatment	Interpersonal Communication
	Best Medicine Practices	Skills
		Problem Solving Skills

POSTERS & ORAL PRESENTATIONS

Apr 2016	Title: Financial crisis & mental health: Study of new cases over the last decade in Hellenic Centre for Mental Health and Research (Egaleo Department), 26th Panhellenic Psychiatric Conference (Alexandroupoli)
May 2018	Title: Suicidality in major psychiatric disorders, 28th Panhellenic Psychiatric Conference (Kos)
Oct 2018	Title: Treatment of cognitive deficits in major psychiatric disorders, 35th conference of Union of Greek Psychiatry Trainees (Athens)
Oct 2019	Title: Parksinon Disease Psychosis: Diagnosis & treatment guidelines, 36th Conference of the Union of Greek Psychiatry Trainees (Volos)
Nov 2020	Title: Use of psilocybin in Psychiatry: Newest data, 7th Psychopharmacological Conference of Hellenic Psychiatric Association (Athens)
Nov 2021	Newest options in pharmacological therapy of treatment resistant depression, 8th Psychopharmacological Conference of Hellenic Psychiatric Association (Athens)
Dec 2021	Treatment Resistant Depression: Approaching pharmacological treatment based on glutaminergic transmission, Training in esketamine administration (Endorsement by Janssen Pharmaceuticals)
Feb 2022 — Apr 2022	Treatment Resistant Depression in clinical practice, 9th Psychopharmacological Congress of Hellenic Psychiatric Union

EXTRA-CURRICULAR ACTIVITIES

Nov 2017 — Present	Elected twice in the Board of Union of Greek Psychiatry Trainees, Hellenic Psychiatric Association	Athens
	• Promotes education of Psychiatry Trainees all over Greece • Participated in the organization of two congresses and multiple courses organized by the Union of Greek Psychiatry Trainees. Played key role in the organization of their scientific program and also made contact with appropriate field experts, in order for them to participate as speakers.	

Sep 2019 — Present

Currently leading member of the translation team of "Kaplan & Sadock's: Synopsis of Psychiatry, 12th Edition", Litsas Medical Publications

Translation in Greek Language (Currently under publication)

Dec 2019

Publications

Hypogammaglobulinemia: A contributing factor to multiple sclerosis fatigue? Mult Scler Relat Disord. 2022 Aug 30;68:104148. doi: 10.1016/j.msard.2022.104148. Epub ahead of print. PMID: 36063730.

Authors: Diem L, Evangelopoulos ME, Karathanassis D, Natsis V, Kamber N, Hammer H, Friedli C, Chan A, Helbling A, Penner IK, Salmen A, Walther S, Stegmayer K, Hoepner R.

Genetic Variants of the *BATF* Gene and Risk of Fatigue Among Patients With Primary Sjögren's Syndrome. Front Immunol. 2022 Mar 15;13:836824. doi: 10.3389/fimmu.2022.836824. PMID: 35371038; PMCID: PMC8964489.

Authors: Flessa CM, Zampeli E, Evangelopoulos ME, Natsis V, Bodewes ILA, Huijser E, Versnel MA, Moutsopoulos HM, Mavragani CP

HOBBIES

Music, Guitar, Cinema

LANGUAGES

English

Highly proficient

French

B2

REFERENCES

Professor of Psychiatry, Nikos
StefanisfromEginition Hospital, Psychiatry
CLinic

Emeritus professor Charalambos
PapageorgioufromEginition Hospital, Psychiatry
Clinic
chpapag@med.uoa.gr

Emeritus Professor of Psychiatry Elias
AngelopoulosfromEginition Hospital, Psychiatry
Clinic
angelopoulos.ilias@gmail.com

Dr Kontanakopoulos Georgios,
PsychiatristfromUniversity College London
gekonst@otenet.gr

SIGNATURE

NATSIAS VASILEIOS

Athens

TEACHING WORK EXPERIENCE

Feb 2022 — Present

Participation in the educational program in Aeginiteion Hospital

Athens

- Teaching anxiety & obsessive-compulsive & related disorders at students of Athens Medical School on a monthly basis
- Teaching specialized psychiatric treatments (ECT, rTMS, esketamine administration) in Psychiatry trainees of Aeginiteion Hospital

2021 — 2022

Lecture in postgraduate programme "Surgical Oncology"

Athens, "Ippokrateion
Hospital"

- Existential issues of cancer patients

- Psychiatric and psychosocial approach to the patient